



Strategies to Optimize Rural Perinatal Healthcare ECHO

Course Description:

The Strategies to Optimize Rural Perinatal Healthcare ECHO will address the special challenges faced by rural and remote rural pregnant and postpartum people and their care teams, with topics ranging from medical and behavioral health emergencies through supporting physiologic birth. The intended audience includes anyone providing perinatal care and support to rural residents with the goal of promoting equitable, high quality perinatal health care to patients experiencing geographic disparities.

Who Should Attend

Anyone providing care for pregnant and postpartum people in rural and remote rural areas



Bringing together expertise, wisdom & experience to create positive change

Registration



- Sessions are free of charge
- To register scan QR code or [click here](#)
- See next page for continuing education information

Schedule

- Every 3rd Tuesday of the month from 2-3pm
- January 21 through December 16, 2025

Topics Include:

- Maternal care in rural areas
- Hypertension and pre-eclampsia
- Mood disorders: pre-natal and post-partum
- Syphilis and other STDs
- Hepatitis C
- Substance Use Disorders
- Models of maternity care
- Non pharmacologic pain control
- Best practices in induction of labor
- VBACs
- Abrupton
- Preparing patients for transport

Questions:

Email: ECHO@hitchcock.org

Website: <https://go.d-h.org/project-echo>



Accreditation

Learning Objectives:

After participating in this activity, learners will be able to:

1. Discuss maternal health conditions, including labor induction and prenatal/postpartum emergencies to improve management of obstetrical complications.
2. Develop a collaborative network of healthcare providers to support high quality, consistent care of pregnant people across the North Country.
3. Utilize the North Country Maternity Network as a source of evidence-based practice resources and support.

Accreditation:

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

American Medical Association (AMA)

Dartmouth Health designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)[™].

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

Dartmouth Health designates this live activity for a maximum of 12.0 ANCC contact hours.

Other Learners: All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Funding

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