



## New Hampshire Chapter

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®

# NH AAP NEWS

July 2020 Issue

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### Comings and Goings

Along with summer coming around July 1, pediatricians and residents take on new roles. Here are a few that may be of interest to the pediatricians of the NH AAP.

### We Have New Officers of NH AAP

President - Erik Shlessor, MD- moved up from vice-president  
Vice-President - Christine Arsnow, MD  
Secretary – Ashley Lamb, MD- remains in the position  
Treasurer – Patricia Edwards, MD

### New Residents Start and 3<sup>rd</sup> Year Residents Fly the Coup

Seven pediatric residents finished their pediatric residency and one chief resident completed his last year at Dartmouth Hitchcock. Seven new pediatric residents are starting their journey to become pediatricians. We thank those leaving for all their hard work over the past 3 years caring for the children of New Hampshire and the surrounding areas. We wish all the graduating residents the best and encourage them all to become/stay active in the AAP as their career moves on.

#### Graduating Residents

Zachary Newton, MD Chief Resident – Pediatric Nephrology Fellowship, Johns Hopkins.  
Kirsten Breslin, MD – Pediatric Practice Wenatchee, Washington  
Kiera Kilmartin, MD – Neonatology Fellowship, McGill Children’s Hospital-Montreal  
Cristina Mamolea, MD – Pediatric Critical Care Fellowship, Boston Children’s Hospital  
Angela Monafó, MD – Pediatric Cardiology Fellowship, Medical University at South Carolina  
Robert Murray, MD – Pediatric Critical Care Fellowship, Nationwide Children’s Hospital  
Josia Schlogl, MD – Critical Care Fellowship, University of Maryland  
Jessica Truelove, DO – Chief Resident at CHaD

The new first year residents are an all female group from a variety of medical schools. We look forward to working with them in the upcoming 3 years. Below are their names and the medical schools that they graduated from.

Claire Gallibois, MD – Royal College of Surgeons in Ireland School of Medicine

Sarah Grycza, MD - University of Toledo College of Medicine  
Elizaveta Ignatova, MD – Albany Medical College  
Luy Li, DO - Touro University Nevada College of Osteopathic Medicine  
Julia Litzky, MD, PhD – Geisel School of Medicine at Dartmouth  
Ann Maruncic, MD – University of Limerick School of Medicine  
Juhi Rattan, MD, MS – University of Toledo College of Medicine

## Goodbye to Two Pediatric Giants!

This spring 2 New Hampshire pediatricians and past presidents of the then New Hampshire Pediatric Society died. Here are notes about these two men from Suzanne Boulter MD. [Goodbye to Two Pediatric Giants](#)

## Increased Risk for Family Violence During the COVID-19 Pandemic

Researchers from Vanderbilt University reviewed the literature available on the risk of family violence during times of stress and created a list of recommendations of topics that pediatricians should consider assessing during office visits, telephone visits or telehealth visits.

1. Make violence potential part of every assessment.
2. Inquire about family stress levels and how parents manage stress.
3. Inquire about the co-parenting relationship.
4. Inquire about social supports available to and being used by the family.
5. Inquire about substance use and any recent increases.
6. Look for signs of stress, irritability, depression in the parent.
7. Look for harsh responses to child behaviors in parents.
8. Look for signs of fearfulness or dysregulation in children.
9. Look for indicators of controlling behaviors by one partner.
10. Identify families who are more at risk for violence based on previous encounters and conduct check-ins if there are no scheduled appointments for them in the near term to reduce the likelihood that otherwise high-risk families would be undetected.

The prepublication manuscript in Pediatrics can be read at the link below.

<https://pediatrics.aappublications.org/content/pediatrics/early/2020/04/17/peds.2020-0982.full.pdf>

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## NH AAP 2020 meetings

The 2020 NHAAP meetings are Sept 9 and December 9. Board Meetings will be held virtually until further notice.

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