



## New Hampshire Chapter

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®

# NH AAP NEWS

September 2020 Issue

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**Our non-traditional summer is coming to an end and this fall will bring new challenges for all of us.**

## Greetings from the NH AAP President

As the new president of the NH Chapter of the American Academy of Pediatrics, I wanted to introduce myself. I'm Erik Shessler, a general pediatrician who works for Dartmouth Hitchcock in Manchester NH, and the current medical director for the NH Pediatric Improvement Partnership (NHPIP). I am excited to be the incoming president. I'd like to thank the immediate past president Dr. Steve Chapman for his fantastic work on behalf of kids in NH and more personally for his mentorship and guidance. As the chapter president, I look forward to working with our NH AAP members whose efforts for the patients and families they work with daily and for the welfare of all children and families in the NH inspire all of us to continue to grow.

My goals as president are to work on continuing to improve our member engagement. There are so many wonderful ideas, projects and advocacy efforts ongoing. We want to hear your voices and harness your passion to work collectively in whatever you have to share. More virtual gatherings will hopefully allow us to engage more voices. This online NH AAP newsletter and our newly revamped website [www.nhaap.org](http://www.nhaap.org) are a great way for us to communicate. I'd also like to continue strengthening and broadening our connections and collaborations with other community and state organizations such as NH Family Voices, NAMI NH, NH school nurses association, DCYF and DHHS. There are so many individuals and roles involved in advocating for the welfare of children and families in NH that we do not need to work alone. Our most successful projects come from group efforts with people from diverse backgrounds and roles coming together with common goals. One of the most recent examples was a very successful virtual town hall and subsequently planned ongoing discussions with the NH school nurses association, DHHS and community pediatric PCPs around school reopening and school health. The opportunities are only limited by imagination and I look forward to hearing from and working with you all.

Best Wishes

Erik Shessler, MD  
Chair of General Pediatrics and Associate Medical Director- Dartmouth Hitchcock  
Manchester

## **New Recommendations About Mothers with Suspected or Confirmed COVID-19 Infection and Their Newborns from the AAP.**

Below is the link to the new AAP recommendations on Management of Infants Born to Mothers with Suspected or Confirmed COVID-19

**<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/faqs-management-of-infants-born-to-covid-19-mothers/>**

In short, mothers with suspected or confirmed COVID-19 infection may room in with their infants and may breastfeed or express breastmilk that can be fed to the infant. Appropriate infection control measures should be followed. It also discusses parents with suspected or confirmed COVID-19 and visiting their infant in the NICU.

## **New Hampshire Family Voices**



### **NEEDS ASSESSMENT RESULT ARE IN:**

In 2019 NH Family Voices conducted a needs assessment through its Medical Home Project. The final report, detailing the process and the feedback gathered, is now complete. If you are interested in reading what family members and your fellow practitioners shared about their experiences in either receiving or delivering care, please contact Sylvia Pelletier at [slp@nhfv.org](mailto:slp@nhfv.org) to receive a copy of the report.

### **NH FAMILY VOICES REMAINS OPEN:**

During these unique times, NH Family Voices continues to be available to support families and professionals looking for information and resources. We are able to respond to calls, e-mails and mail our library books. Just call (603)271-4525 and leave a message or e-mail us at [nhfamilyvoices@nhfv.org](mailto:nhfamilyvoices@nhfv.org)

## **NHPIP**



### **New ECHO Series Starting in February 2021: ADHD & Trauma**

Attention Deficit/Hyperactivity Disorder and trauma are two pediatric concerns that share common symptomology and often comorbidities, but different etiologies and treatments. This upcoming NH Mental Healthcare Access in Pediatrics (NH MCAP) ECHO series will focus on assessing, treating, and providing home and school supports for children with either or both conditions in addition to other comorbidities. This ECHO offering will consist of ten 1.5 hours (lunchtime) sessions from February through November 2021. You can participate as an individual clinician or as a clinic team. Interested in learning more about this ECHO Series? [CLICK HERE](#) to receive forthcoming specifics about this ECHO. Not familiar with the Project ECHO learning model, [CLICK HERE](#) to see a short video.

## NH AAP 2020 meetings

The 2020 NHAAP meetings are Sept 9 and December 9. Board Meetings will be held virtually until further notice.

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Check out our new website [www.nhaap.org](http://www.nhaap.org)

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